Minority Fellowship Program New Fellows Orientation Webinar

Substance Abuse and Mental Health Services Administration U.S. Department of Health and Human Services



Disclaimer

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SAMHSA Overview

Anita Everett, M.D., DFAPA

Director, Center for Mental Health Services (CMHS)

Substance Abuse and Mental Health Services Administration

Minority Fellowship Program Training
Webinar • November 16, 2022



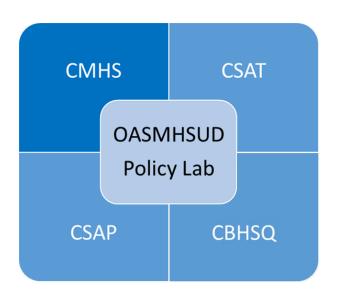
Welcome

- About SAMHSA
- Current SAMHSA Priorities
- CMHS programs



About SAMHSA

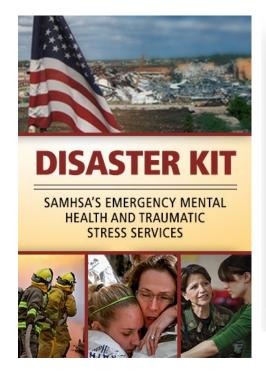
- One of several agencies in the HHS family of agencies
 - Others: CMS, FDA, NIH, HRSA
- Fund programs through block grants, grants and contracts, cooperative agreements
- Mental health and substance use
- General organization:
 - CMHS: Center for Mental Health Services
 - CSAT: Center for Substance Abuse Treatment
 - CSAP: Center for Substance Abuse Prevention
 - CBHSQ: Center for Behavioral Health Statistics & Quality

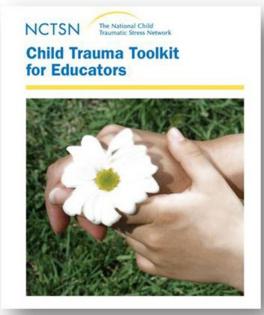




Emergency Mental Health & Traumatic Stress Services

- Responds to mental health needs after a natural or man-made disaster, and (b) offer a comprehensive initiative to prevent and treat child trauma using evidence-based services.
- Various program information:
 - http://www.healthysafechildren.org
 - https://www.samhsa.gov/childtrauma/about-nctsi
 - http://www.nctsn.org





Child, Adolescent & Family

- Focuses on increasing access to mental health services and supports for children, adolescents and young adults with a serious emotional disturbance using a system of care framework.
- The CMHI program continues to demonstrate significant, positive outcomes for children, youth, and young adults with SED and their families.
- In FY 19 and 20, a total of 24,529 youth, adolescents and young adults received mental health treatment for serious emotional disturbance or serious mental illness through this grant program (SPARS).

Mental Health Promotion

- Promote mental health and intervene early when behavioral challenges arise in order to ensure all children grow up to be healthy, productive members of society.
- Oversees grants to focus on mental health promotion, resilience-building, school violence prevention, mental health literacy and fostering early childhood mental health.

In **FY20**, 18 new Mental Health Awareness Training (MHAT) grants were awarded. MHAT has delivered training to:

- 40,080 community members received mental health awareness training
- 23,608 individuals in the mental health or related practices or activities received training.

Suicide Prevention

- Overall purpose is to halt, and then reverse, the rising rates of suicide and suicide attempts in the United States (48,000 deaths in 2018).
- Counties implementing the Garrett Lee Smith (GLS) youth suicide prevention activities had lower rates of youth suicide than comparable counties.
- 988 has the potential to strengthen U.S. crisis systems, reduce unnecessary police and 911 involvement, but also has risks if community crisis centers are not adequately resourced to answer increased call volume.



Community Support Programs

Overall Purpose: To provide a comprehensive array of services for individuals with SMI and to enable all individuals to live a meaningful and dignified life within their communities.

Objectives: (CCBHC, ACT, AOT)

- Increase access to evidence-based care with Focus on SMI
- To promote the coordination and integration of behavioral health and primary care services in community-based mental and behavioral health settings
- To encourage program participants to coordinate and establish partnerships within community behavioral health, justice, law enforcement, hospital, crisis care, and recovery systems
- Support training to include behavioral health, integrated care, criminal justice, and peer-support services within community, medical, and clinical settings.

Outcome/Accomplishment (FY20)

 The Community Support Program Branch expanded the Certified Community Behavioral Health Clinic program by 166 grants to 32 states, thereby, increasing access to critical services, such as integrated care and crisis services

CCBHC-E Program

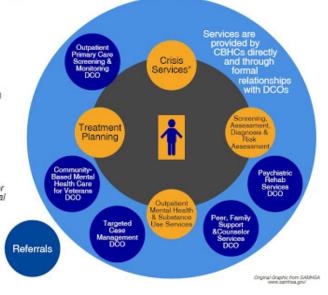
Scope of Services

CCBHCs directly provide services in gold*

Additional required services are provided directly or through formal relationships with Designated Collaborating Organizations (DCOs).

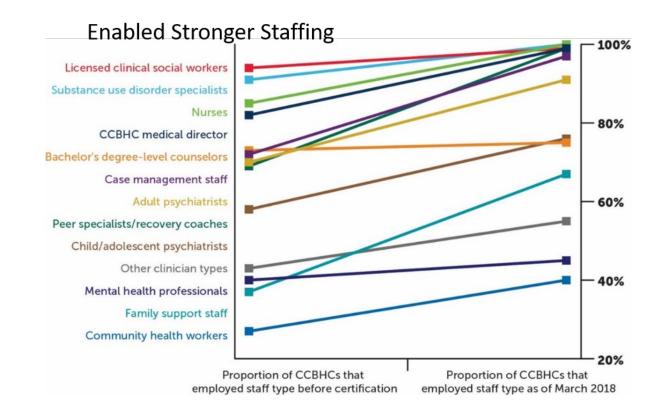
Referrals are to providers outside the CCBHCs and DCOs.

" "unless there is an existing state-sanctioned, certified, or licensed system or network for the provision of crisis behvioral health services that dictates otherwise."



- 166 currently active CCBHC-E Grantees
- \$469m
- Now any state





Homeless Programs

 Expands access to treatment and resources for individuals with a serious mental illness and their families who are experiencing homelessness.

Objectives:

- Increase access to evidence-based treatment
- Establish connections with permanent housing
- Enable individuals to apply for SSI/SSDI
- Outcome/Accomplishment (FY20)
 - The Treating Individuals Experiencing Homelessness (TIEH) grant program provided services to approximately 4000 individuals who have a serious mental illness and are experiencing homelessness.

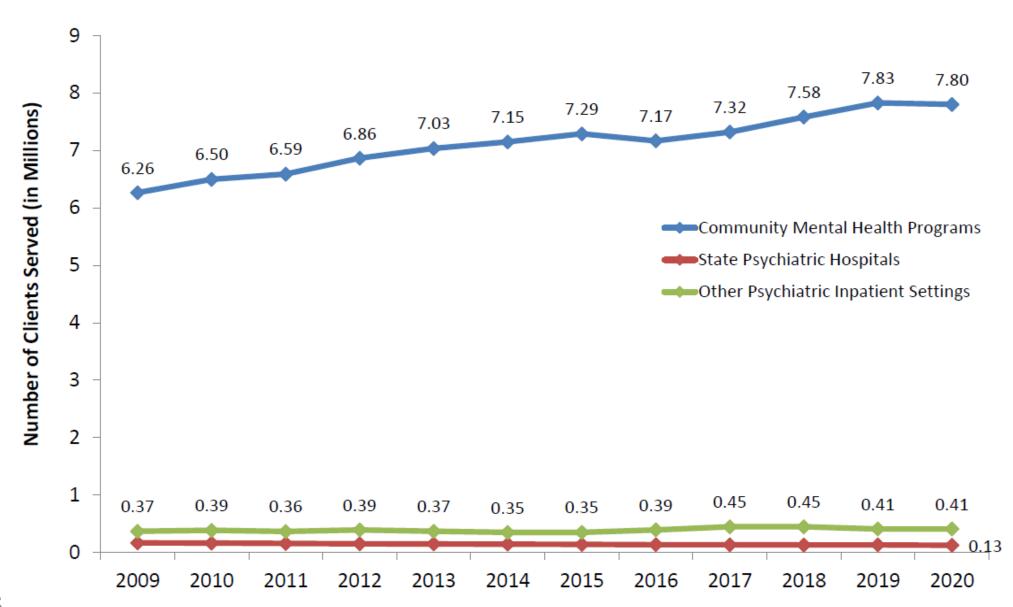
Projects for Assistance in the Transition from Homelessness (PATH)

Support outreach, treatment, and rehabilitation, for persons with mental health and/or substance use disorders who are homeless or at risk of homelessness.

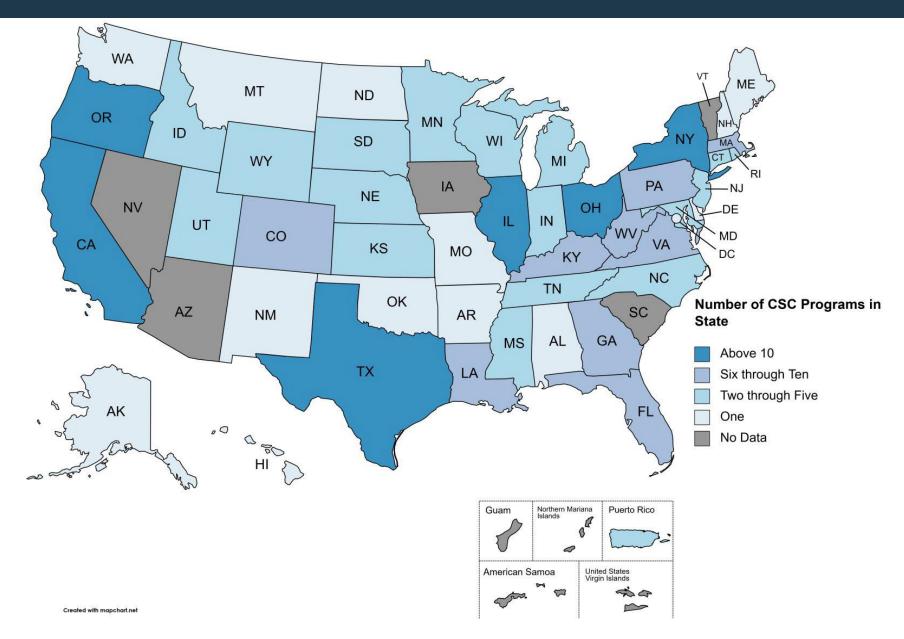
Mental Health Block Grant (MHBG)

- Support State Mental Health Authorities in the development and expansion of a comprehensive, community-based, mental health service system for adults with serious mental illness, people in prison/jail, and children with serious emotional disturbance.
- The funds support service delivery through planning, administration, evaluation, and educational activities.

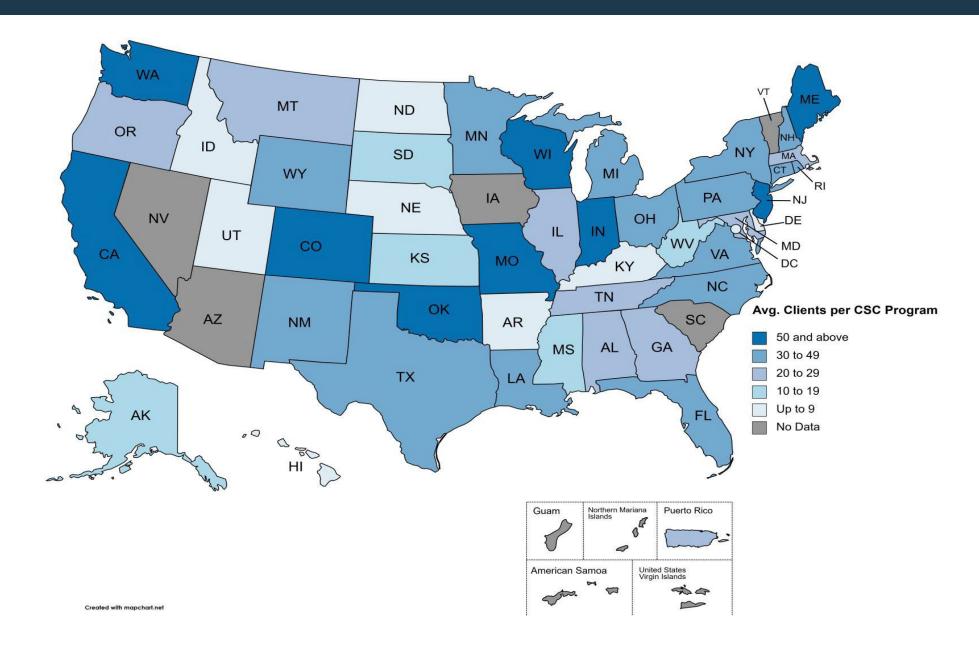
Clients Served (in millions) by Service Setting: 2009-2020



Number of First Episode Psychosis (FEP) Coordinated Specialty Care (CSC) Programs by State: 2020



Average Number of Clients in CSC Programs by State: 2020



Protection and Advocacy for Individuals with Mental Illness (PAIMI)

- Grant program that provides legal and advocacy services to individuals with significant mental illness and significant emotional impairments.
- In 2019
 - 10,827 individuals were served
 - Over 2116 cases of abuse, 1731 cases of neglect and 4394 cases of rights violations were investigated
 - 94 Class Actions were in progress, impacting an estimated 4 million PAIMI eligible individuals

Minority Fellowship Program (MFP)

Reduce health disparities and improve health care outcomes for racially and ethnically diverse populations by increasing the number of culturally competent behavioral health professionals available to underserved minority populations in the public and private non-profit sectors.



A Commitment to Behavioral Health





SAMHSA Resources

Melissa Blackwell, M.S.W.
Public Health Advisor
MFP Contracting Officer Representative
Division of State and Community Systems Development
Center for Mental Health Services

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Key SAMHSA Resources

Behavioral Health Treatment Services Locator

Welcome to the Behavioral Health Treatment Services Locator, a confidential and anonymous source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance use/addiction and/or mental health problems.

PLEASE NOTE: Your personal information and the search criteria you enter into the Locator is secure and anonymous. SAMHSA does not collect or maintain any information you provide.

https://www.samhsa.gov

https://findtreatment.samhsa.gov

Find treatment facilities confidentially and anonymously.

Enter an Address, City, or ZIP code

Search facilities

Get Help

Suicide prevention lifeline

1-800-273-TALK (8255)

Free and confidential support for people in distress, 24/7.

National Helpline 1-800-662-HELP (4357)

Treatment referral and information, 24/7.

Disaster Distress Helpline 1-800-985-5990

Immediate crisis counseling related to disasters, 24/7.



SAMHSA's Online Resources

Store & Publications: http://store.samhsa.gov/

Mobile Apps: https://www.samhsa.gov/talk-they-hear-you/mobile-application

Technology Transfer Centers:

https://www.samhsa.gov/technology-transfer-centers-ttc-program

Clinical Support System for Serious Mental Illness:

https://www.samhsa.gov/clinical-support-system-serious-mental-illness-css-smi



SAMHSA Grant Opportunities

- Block Grant Programs provide funding to states and other jurisdictions to plan, implement, and evaluate activities that prevent and treat substance misuse and mental illness and promote public health.
- Discretionary Grants provide funding to support community-defined behavioral health needs and community-based programs that serve targeted areas across the United States and other jurisdictions.



Funding Announcements

Funding announcements are posted online:

https://samhsa.gov and https://grants.gov

Sign up for SAMHSA email updates at https://samhsa.gov



For More Information

- For questions about a specific grant, contact the individuals listed under Agency Contact in the Funding Opportunity Announcements (FOA).
- For general questions, contact the Division of Grants Management at 240–276–1400.
- For information about serving as a grant reviewer for SAMHSA please visit our website.



SAMHSA Internship Program

SAMHSA Internship Program

The SAMHSA Internship Program introduces students to the important role SAMHSA plays in ensuring a productive life in the community for everyone. Interns gain practical experience through projects, special assignments, or research that support federal, state, and community-based programs, policies, and best practices in the prevention and treatment of substance abuse and mental illness.

For more information please visit:

https://www.samhsa.gov/about-us/jobs-internships/internships



Technical Assistance Resources and Data Resources

SAMHSA has programs and campaigns that offer information, training, and technical assistance to improve the quality and delivery of behavioral health services across the nation.

http://www.samhsa.gov/programs-campaigns

https://www.samhsa.gov/ebp-resource-center

SAMHSA's Center for Behavioral Health Statistics & Quality is the nation's principal source of behavioral information.



Background and Historical Overview of the Minority Fellowship Program

Freida Outlaw, Ph.D., RN, FAAN Executive Program Consultant American Nurses Association



History of the Minority Fellowship Program (1)

- In 1973 the Center for Minority Health at the National Institute of Mental Health (NIMH) was alarmed by the lack of mental health professionals who could provide culturally competent care to an increasing racial/ethnic and culturally diverse population, with ever expanding needs for mental health services and research.
- This same year, the Center for Minority Mental Health invited the American Sociological Association (ASA) to submit a grant proposal to support doctoral level training of ethnic and racial minority sociologists.
- In 1974, a small training grant was awarded to ASA from the National Institute of Mental Health for the purpose of supporting doctoral education for ethnic/minority researchers and clinicians.



History of the Minority Fellowship Program (2)



1974 - Grants were awarded to four core professional associations



American Nurses Association (ANA)



American Psychiatric Association (APsychA)



American Psychological Association (APA)



Council on Social Work Education (CSWE)



History of the Minority Fellowship Program (3)



 1992 - The MFP was transferred to the newly formed Substance Abuse and Mental Health Services Administration (SAMHSA)



 2007 - The American Association of Marriage and Family Therapy (AAMFT)



2012 - The National Board for Certified Counselors (NBCC)



 2014 – The Association for Addiction Professionals (NAADAC)



History of the Minority Fellowship Program (4)

- 2014 The previously titled NITT-Minority Fellowship Program
 was expanded to prepare the core disciplines with the expertise to
 provide behavioral health services to underserved minority youth,
 adolescents, and transitional-aged youth (MFP-Youth) and
 increase the number of available master's level addiction
 counselors (MFP-AC).
- 2018 MFP Master's programs expanded their focus to recruit masters level fellows who are seeking to work with additional underserved minority populations. The MFP Master's level programs are no longer limited to individuals seeking to work with youth populations.



History of the Minority Fellowship Program (5)

2020 – The Interdisciplinary Minority Fellowship Program (IMFP) was awarded to the American Psychological Association (APA). The purpose of the fellowship is to increase the knowledge of mental health professionals on issues related to prevention, treatment, and recovery support for individuals who are from racial and ethnic minority populations and have a mental or co-occurring mental and substance use disorders. The IMFP is a partnership with five other disciplines, the American Association of Marriage and Family Therapy (AAMFT), the American Nurses Association (ANA), the Council on Social Work Education (CSWE), the National Board for Certified Counselors (NBCC), and the Association for Addiction Professionals (NAADAC).



Minority Fellowship Program Objectives and SAMHSA Expectations



Nima Sheth, M.D.
Senior Medical Advisor
MFP Grant Project Officer
Office of the Director
Center for Mental Health Services



MFP Program Purpose

The purpose of the Minority Fellowship Program (MFP) is to reduce health disparities and improve healthcare outcomes of racially and ethnically diverse populations by increasing the number of culturally competent behavioral health professionals available to underserved populations in the public and private nonprofit sectors.

For more information, visit https://www.samhsa.gov/minority-fellowship-program



MFP Goals and Objectives

- Increase the number of trained professionals.
- Reduce behavioral health disparities.
- Improve outcomes for ethnic minorities.
- Provide financial support for MFP Fellows.
- Provide access to cutting-edge training opportunities.
- Provide resources to MFP Fellows.
- Collect program data to validate the MFP.



SAMHSA's Expectation of MFP Fellows

Fellows are required to commit to a minimum of two (2) years of service in racial/ethnic minorities populations after graduation.

- Work to improve behavioral health conditions of ethnic and racial minorities;
- Assist SAMHSA in maintaining program funding;
- Strengthen your professional foundation;
- Give back;
- Help SAMHSA promote the Minority Fellowship Program;
- Participate in the MFP community of learning; and
- Complete <u>All</u> Minority Fellowship Program Surveys.



Overview of Minority Fellowship Program Coordinating Center (MFPCC)



Ina A. Ramos, Ph.D.
Project Director
Senior T/TA Lead
MFP Coordinating Center
The MayaTech Corporation

Minority Fellowship Program Training Webinar • November 16, 2022



Who We Are

MayaTech's MFPCC Team provides program support and technical assistance (TA) to the MFP organizations and facilitates training and career enhancement activities for the MFP Fellows.

- Mission: to strengthen communications across the program, improve MFP operations, assess effects of the MFP, and increase cultural competence of behavioral health workforce in underserved communities.
- Over 35 years of experience providing training and TA around behavioral health, health disparities, and cultural competence.



MFPCC Training and TA Activities

Goal: Identify, disseminate, and encourage adoption of promising, best, and evidence-based practices that support resilience and emotional health of underserved minority communities through

- Monthly teleconferences
- Information dissemination through listserv
- Webinars
- Quarterly MFP Newsletter
- MFP Website Resource Library, Fellow Directory
- Direct technical assistance to grantee organizations



MFPCC Training and Technical Assistance Staff

- Ina Ramos, Project Director & Senior Technical Assistance Lead
- Gretchen Vaughn, Sr. Behavioral Health Specialist
- Salina Tewolde, MFP TA Specialist
- Imani Thompson, MFP TA Assistant
- Angelle Tolliver, Web & IT Support Lead
- Suzanne Randolph-Cunningham, Evaluation Lead
- Steve Luckabaugh, Technology Specialist



MFP Technical Assistance and Training Resources

- Fellow of the Month Profile
- E-Newsletter
- Webinars
- Listserv



Fellow of the Month Profile





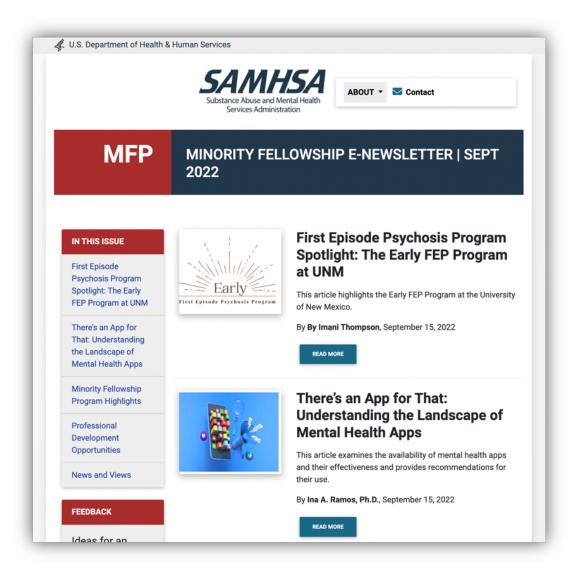


MFP E-Newsletter

- Published four times a year
 - March, June, September, and January
 - Access old editions at: https://mfpcc.samhsa.gov/Search.aspx?Filter=Enews
- Articles on:
 - Substance Abuse and Mental Health (2)
 - MFP Highlights
 - Professional Development
 - News and Views



MFP E-Newsletter (2)

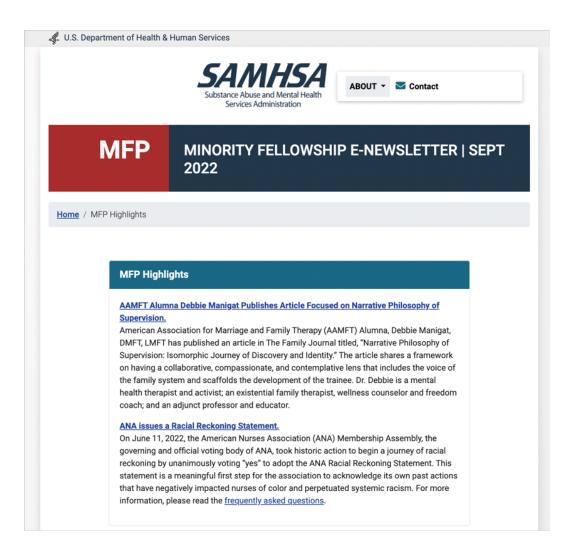






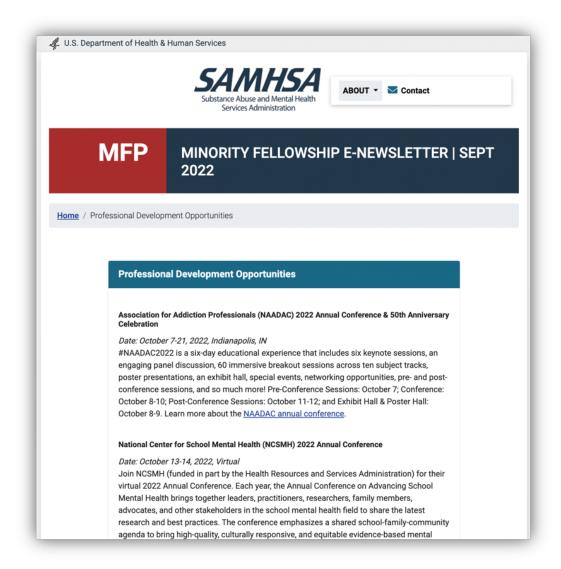
MFP E-Newsletter (3)

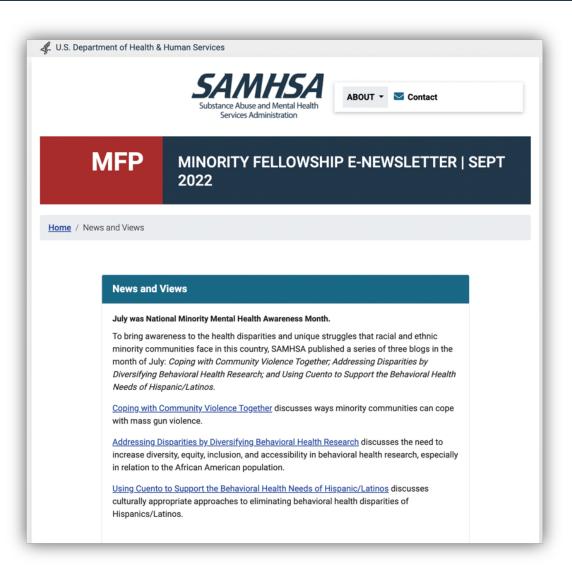






MFP E-Newsletter (4)







MFPCC Webinars

2023 Webinars and Panel Discussions

- Held between February July 2023 (Wednesday 2-3:30pm Eastern)
 - Expert facilitators will provide brief overview slides
 - Current and recent Alumni Fellows will be invited to participate as webinar presenters

2022 Archived Webinars

- Utilizing Trauma Informed Care and Practices in Mental and Substance Use Disorder Services
- The Future of 988 and its Role in the Child and Adolescent Crisis System
- MFP Community Connections (Fellow Led)
- Impact of COVID-19 on Mental Health in Communities of Color
- Providing Culturally Competent Mental and Substance Use Services
- The Role of Social Media in Supporting Mental Health Wellness



2022-2023 MFPCC Webinar Registration

- Webinar notices will be emailed via the MFPCC Listserv
- Brief post webinar online feedback surveys
- Questions or inquiries may be addressed to the Minority Fellowship Program Coordinating Center <u>MFPCC@mayatech.com</u>
- Archived webinars will be available for download on the MFPCC Website after the presentation dates https://mfpcc.samhsa.gov/Search.aspx?Filter=Webinar



MFPCC Listserv

Listserv messages

- Every one to two weeks
- Topics include:
 - Substance Abuse and Mental Health
 - Professional Development Opportunities
 - News and Views
- Notifications include:
 - Fellow of the Month
 - Availability of Webinar Materials
 - Solicitation for E-Newsletter input
 - E-Newsletters



MFPCC Listserv (2)







○ MFP Coordinating Center <mfpcc@mayatech.com>

Friday, October 7, 2022 at 2:24 PM

To: Minority Fellowship Program Coordinating Center

MFPCC News Alert

Dear Minority Fellowship Program Community:

Please find below information shared for a **SAMHSA Partnerships for Equity** sponsored *Virtual Behavioral Health Job Fair*.

MFPCC - TTA Team



Partnerships for Equity: Virtual Behavioral Health Job Fair

Partnerships for Equity in American Indian and Alaska Native (AIAN) Communities is pleased to announce a 3-part Virtual Behavioral Health Job Fair.

MFPCC Fellow of the Month Profile October 2022





 $\bigcirc \ \mathsf{MFP} \ \mathsf{Coordinating} \ \mathsf{Center} < \! \mathsf{mfpcc@mayatech.co...}$

Monday, October 3, 2022 at 10:01 AM

To: Minority Fellowship Program Coordinating Center

MFPCC Fellow of the Month

The Fellow of the Month series profiles individual MFP Fellows, nominated by the seven MFP Grantee organizations or other MFP-related professionals, and shines a light on their backgrounds, goals, and accomplishments.

JUSTIN CARNATE

MFPCC Fellow of the Month

October 2022



- MFP Agency: American Association for Marriage and Family Therapy
- MFP Program: Doctoral Fellow
- MFP Class: 2022-2023
- **Degrees:** Psy.D. expected 2025, M.A., 2022, B.S., 2019

Justin Carnate is a continuing doctoral fellow in the 2022-2023 Minority Fellowship Program (MFP) class with the American Association for Marriage and Family Therapy (AAMFT). He was also a master's fellow in the 2021-2022 cohort. Justin received his B.S. in psychology from Liberty University and his M.A. in couples and family therapy from Alliant International University, Irvine. Currently, Justin is a



MFPCC Listserv (3)







○ MFP Coordinating Center <mfpcc@mayatech...

Thursday, November 10, 2022 at 10:16 AM

To: Minority Fellowship Program Coordinating Center

CAUTION: Do not click links or open attachments unless you recognize the source of the email and know the contents are safe.

Minority Fellowship Program



Introduction to the SAMHSA Minority Fellowship Program (MFP) for the New MFP Fellows

Wednesday, November 16, 2022

2:00 - 3:30 p.m. ET

Topics covered include an overview of SAMHSA centers and resources; the history of the MFP; MFP objectives, goals, and structure; MFP Fellow activities and resources; and an overview of the Minority Fellowship Program Coordinating Center (MFPCC).

September 2022 Minority Fellowship ENews





O MFP Coordinating Center <mfpcc@mayatech.co...

Thursday, September 15, 2022 at 4:52 PM

To: Minority Fellowship Program Coordinating Center

MINORITY FELLOWSHIP E-NEWSLETTER | SEPT 2022

IN THIS ISSUE

- First Episode Psychosis Program Spotlight: The Early FEP Program at UNM
- There's an App for That: Understanding the Landscape of Mental Health
 Apps
- Minority Fellowship Program Highlights
- Professional Development Opportunities
- News and Views

Featured Articles



First Episode Psychosis Program Spotlight: The Early FEP Program at UNM



There's an App for That: Understanding the Landscape of Mental Health Apps



Professional Development Opportunities

Learn about professional development and networking opportunities.



Minority Fellowship Program Coordinating Center Website



Angelle Tolliver
Web and IT Lead
MFP Coordinating Center
The MayaTech Corporation





MFPCC Splash Page

U.S. Department of Health & Human Services



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Minority Fellowship Program (MFP)

The Minority Fellowship Program (MFP) aims to reduce health disparities and improve behavioral health care outcomes for racial and ethnic populations.

Become an MFP Fellow

MFP fellowships are open to people pursuing master's or doctoral degrees in various fields of behavioral health. Through seven national behavioral health organizations selected by Congress to administer the program, some 200 MFP fellows are awarded educational scholarships and receive training each year under the program.

Learn how to become an MFP fellow.

MFP Coordinating Center (MFPCC)

The MFPCC is a resource center that provides technical assistance and program support to SAMHSA staff and MFP grantee organizations to ensure that program goals and objectives are met. The MFPCC also helps SAMHSA develop resources and Web-based networking and community learning activities for current fellows and program alumni.

Access the MFPCC.

Publications and Resources

SAMHSA publishes Minority Fellowship eNews, a quarterly newsletter for MFP fellows and alumni. Access Minority Fellowship eNews and other publications and resources, including a list of associations and other groups working to reduce disparities in behavioral health.

About the MFP

The MFP aims to improve behavioral health care outcomes for racial and ethnic populations by growing the number of racial and ethnic minorities in the nation's behavioral health workforce. The program also seeks to train and better prepare behavioral health practitioners to more effectively treat and serve people of different cultural and ethnic backgrounds.

Learn more about the MFP.

Last Updated: 06/15/2020





Related SAMHSA Resources

- » Health Disparities
- » Specific Populations
- » Tribal Affairs
- » Workforce

MFP Coordinating Center (MFPCC)

Access to the MFPCC is currently restricted to MFP fellows, alumni, and program administrators.



MFPCC Login Webpage

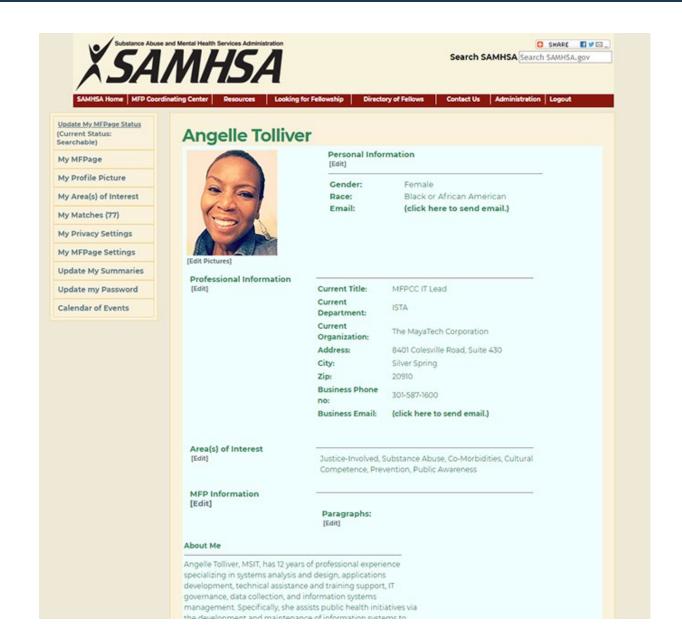
Minority Fellowship Program Coordinating Center Login

Webpage: https://mfpcc.samhsa.gov/default.aspx



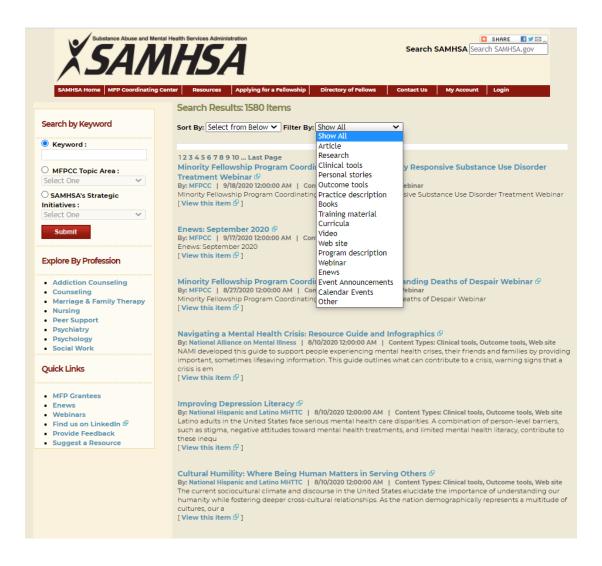


MFPCC – My MFPage





MFPCC Resources





MFPCC Directory of Fellows

MFPCC Directory of Fellows Webpage:

https://mfpcc.samhsa.gov/SearchFellows.aspx





MFPCC Contact Information

Email: mfpcc@mayatech.com

Website: https://mfpcc.samhsa.gov



Thank You

SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

If you have questions or need additional information about this or other webinars Contact the Minority Fellowship Program Coordinating Center: MFPCC@mayatech.com

https://www.samhsa.gov

1-877-SAMHSA-7 (1-877-726-4727) 1-800-487-4889 (TDD)

